


San Diego Rhythms Winter 2018 Schedule Spring

Day and Location

Class	B&G Club CV	B&G Club CV	JCC	B&G Club CV	JCC	JCC	B&G Club SB	JCC
	Monday	Tuesday	Tuesday	Wednesday	Thursday	Friday	Friday	Saturday
Little Stars (4)								2:00 - 3:00
Beginner 1(5-8)	6:00 - 8:00			6:00 - 8:00	3:45 - 5:45	3:45 - 5:45	4:30-6:30	2:00-4:00
Beginner 2/Rhythmic Xcel (8+)	6:00 - 8:00			6:00 - 8:00			4:30 - 6:30	
Pre Team Level 3 (5-7)	6:00-8:00		3:45-6:45	6:00-8:00	3:45-5:45	3:45-5:45	4:30-6:30	1:45-3:45
Team Level 4- 5 (7+)	4:45 - 8:00		3:45-6:45	4:45 - 8:00				1:45 -4:45
Team Level 6-7(10+)		5:00-9:00			3:45 - 7:45	3:45 -7:45		1:45 - 5:45
Team Level 8-10 (11+)	6:00-9:00	5:00-9:00		4:45-9:00	3:45 - 7:45	3:45 - 7:45		1:45 - 5:45
Pre Ballet 4-6								9:30 - 10:30 P
Ballet (Beginner) 7-10								10:30 - 11:30 I
Ballet (Intermediate) 9-12								11:30 - 12:30 A
Ballet (Advanced) 11+								12:30 - 1:30 A
Flexibility(7-12)	6:00-7:00 4:45-5:45			6:00-7:00 4:45-5:45				

All Beginner, Xcel, Ballet classes run by 8 weeks sessions

Session 1
Monday : January 8, 15, 22, 29, February 5, 12, 19, 26
Tuesday: January 2, 9, 16, 23, 30, February 6, 13, 20, 27
Wednesday: January 3, 10, 17, 24, February 7, 14, 21, 28
Thursday: January 4, 11, 18, 25, February 1, 8, 15, 22
Friday: January 5, 12, 19, 26, February 2, 9, 16, 23
Saturday: January 13, 20, 27, February 3, 10, 17, 24, March 3
Session 2
Monday : March 5, 12, 19, 26, April 2, 9, 16, 23
Tuesday: March 6, 13, 20, 27, April 3, 10, 17, 24
Wednesday: March 7, 14, 21, 28, April 4, 11, 18, 25
Thursday: March 1, 8, 15, 22, 29, April 12, 19, 26
Friday: March 2, 9, 16, 23, April 13, 20, 27, May 4
Saturday: March 10, 17, 24, April 14, 21, 28, May 5 , 12

 Gym is closed

December 2017 4	January 2018 5	February 2018 6
S M T W Th F Sa	S M T W Th F Sa	S M T W Th F Sa
3 4 5 6 7 8 9	1 2 3 4 5 6	1 2 3
10 11 12 13 14 15 16	7 8 9 10 11 12 13	4 5 6 7 8 9 10
17 18 19 20 21 22 23	14 15 16 17 18 19 20	11 12 13 14 15 16 17
24 25 26 27 28 29 30	21 22 23 24 25 26 27	18 19 20 21 22 23 24
31	28 29 30 31	25 26 27 28
March 2018 7	April 2018 8	May 2018 9
S M T W Th F Sa	S M T W Th F Sa	S M T W Th F Sa
1 2 3	1 2 3 4 5 6 7	1 2 3 4 5
4 5 6 7 8 9 10	8 9 10 11 12 13 14	6 7 8 9 10 11 12
11 12 13 14 15 16 17	15 16 17 18 19 20 21	13 14 15 16 17 18 19
18 19 20 21 22 23 24	22 23 24 25 26 27 28	20 21 22 23 24 25 26
25 26 27 28 29 30 31	29 30	27 28 29 30 31
June 2018 10	July 2018 11	August 2018 12
S M T W Th F Sa	S M T W Th F Sa	S M T W Th F Sa
1 2	1 2 3 4 5 6 7	1 2 3 4
3 4 5 6 7 8 9	8 9 10 11 12 13 14	5 6 7 8 9 10 11
10 11 12 13 14 15 16	15 16 17 18 19 20 21	12 13 14 15 16 17 18
17 18 19 20 21 22 23	22 23 24 25 26 27 28	19 20 21 22 23 24 25
24 25 26 27 28 29 30	29 30 31	26 27 28 29 30 31